

- 01** Swelling may degenerate for 1 week after surgery, but it will subside gradually.
- 02** Use an Ice-pack on the surgical area for 2~3 days after surgery. When using the ice-pack, please place a thin towel or gauze on the area.
- 03** After getting Liposuction for hyperhidrosis correction, slight movement of the arms is allowed, but excessive movement should be avoided as it may cause hematoma.
- 04** If the pain in the incision between your armpits get worse, or it swells up, you must visit the hospital right away.
- 05** Avoid heavy exercises such as aerobics and working out at gym for 4 weeks after surgery. Taking a walk is recommended.
- 06** Quick showers can be taken the day after the surgery. However, please avoid saunas and hot springs for 4 weeks.
- 07** Only the painkiller and antibiotics that are prescribed by the clinic should be taken as directed. If the pain persists even after taking the medication, then Tylenol can be taken additionally. Please do not take painkiller that contains Aspirin as it may cause bleeding.
- 08** Drinking alcohol and smoking should be avoided for 4 weeks. Alcohol can cause inflammation and smoking can prolong the recovery of scars as it causes tightening of blood vessels.
- 09** In case of emergency or any questions, please contact (+82-10-7156-6546)